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My most serious illness was a stroke I had this year. Thanks to a good Dr. and God I am now doing real good. I do have to go to Dr. pretty often for check ups. The stroke did damage on my left side. I can walk good now I do have to use a cane for safety first to keep from falling.

2 years ago I had a heart attack and I lost my husband He died Feb. 21 - 2009. So I have to live on my pension and social security.

I don't drive so I have to depend on children to take me where I need to go. Thank God for them. I can't go to any of the meetings. The four of them have jobs and its kind of hard for them to get off for me to take part in the meetings. I hope and pray that every thing goes well for the U. M. W. A. I hope you have all the information you need. Beulah T. Powell

The Drs dont mind to charge
so I sure hope Medicare
and my social security won't
be taken away from us. I
sure dont know how to vote
I can see faults with both
men. and I sure its a hard
job to be the President.

I hope this is what you
wanted. I will be 88 years
old Jan 18th.

Bulah J. Powell